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8 **Effect of COVID-19 Medications on Corrected QT Interval and Induction of Torsade de**  
9 **Pointes: Results of a Multicenter National Survey**

10 **Running title: QT prolongation and COVID-19 medications**

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### 3 **Abstract**

4 **Background:** There are some data showing that repurposed drugs used for the Coronavirus disease-  
5 19 (COVID-19) have potential to increase the risk of QTc prolongation and torsade de pointes (TdP),  
6 these arrhythmic side effects have not been adequately addressed in COVID-19 patients treated with  
7 these repurposed medications.

8 **Methods:** This is the prospective study of 2,403 patients hospitalized at 13 hospitals within the  
9 COVID-19 epicenters of the Iran. These patients were treated with chloroquine, hydroxychloroquine,  
10 lopinavir/ritonavir, atazanavir/ritonavir, oseltamivir, favipiravir, and remdesivir alone or in  
11 combination with azithromycin. The primary outcome of the study was incidence of critical QTc  
12 prolongation and secondary outcomes were incidences of TdP and death.

13 **Results:** Of the 2403 patients, 2365 met inclusion criteria. The primary outcome of  $QTc \geq 500$  ms and  
14  $\Delta QTc \geq 60$  ms was observed in 11.2% and 17.6% of the patients, respectively. The secondary  
15 outcomes of TdP and death were reported in 0.38% and 9.8% of the patients, respectively. The risk  
16 of critical QT prolongation increased in the presence of female gender, history of heart failure,  
17 treatment with hydroxychloroquine, azithromycin combination therapy, simultaneous furosemide or  
18 betablocker therapy and acute renal or hepatic dysfunction. However, the risk of TdP predicted by  
19 treatment with lopinavir-ritonavir, simultaneous amiodarone or furosemide administration and  
20 hypokalemia during treatment.

21 **Conclusion:** This cohort showed significant QTc prolongation with all COVID-19 medications  
22 studied, however, life-threatening arrhythmia of TdP occurred rarely. Among the repurposed drugs  
23 studied, hydroxychloroquine or lopinavir-ritonavir alone or in combination with azithromycin clearly  
24 demonstrated to increase the risk of critical QT prolongation and/or TdP.

25 **Keywords:** QT prolongation; COVID-19; torsades de pointes; repurposed drugs

## 1 **Introduction**

2 As the coronavirus disease 2019 (COVID-19) global pandemic spreads across the world, the use of  
3 off-label repurposed drugs such as chloroquine/hydroxychloroquine with and without azithromycin,  
4 have gained attraction, appearing in international and domestic therapeutic guidelines. The presumed  
5 efficacies of these drugs mainly originated from in vitro investigations<sup>1-3</sup> and small nonrandomized  
6 studies.<sup>4,5</sup> However, subsequent randomized studies have failed to confirm these findings.<sup>6-9</sup>  
7 Simultaneously, a group of antiviral agents including lopinavir/ritonavir, atazanavir/ritonavir,  
8 oseltamivir, favipiravir, and remdesivir have been tested in prospective observational and randomized  
9 clinical trials in different countries.<sup>10-12</sup>

10 Although these repurposed drugs are generally well-tolerated in clinical practice, some of these drugs  
11 such as chloroquine, hydroxychloroquine, azithromycin, and lopinavir/ritonavir have been clearly  
12 shown to increase the risk of QT interval prolongation and torsade de pointes (TdP).<sup>13</sup> There are no  
13 adequate clinical data on QT prolonging effect and torsadogenic potentials of other drugs such as  
14 atazanavir/ritonavir, oseltamivir, favipiravir, and remdesivir. This risk of arrhythmic death could be  
15 further amplified if multiple medications are used in combination. Although there are some studies  
16 evaluating QT prolongation and TdP risk in those treated with chloroquine, hydroxychloroquine with  
17 and without azithromycin in COVID-19 patients,<sup>14-16</sup> the present study evaluated eight repurposed  
18 drugs in a large of number of the patients with COVID-19.

19 Our country is seriously involved with the covid-19 outbreak and many patients received these drugs  
20 or are going to receive in the future. Therefore, we designed this study to evaluate the risk of QT  
21 interval prolongation, TdP, and death among the hospitalized COVID-19 patients treated with  
22 chloroquine, hydroxychloroquine, lopinavir/ritonavir, atazanavir/ritonavir, oseltamivir, favipiravir,  
23 and remdesivir alone or in combination with azithromycin.

## 24 **Methods**

25 *Study Population:* In this multicenter national survey, we prospectively collected data on  
26 pharmacotherapy of patients with COVID-19. Between June 2020 and October 2020, a total of



1 consecutive 2,403 patients were enrolled from 13 Hospitals within the COVID-19 epicenters of the  
2 Iran. For the purpose of this study, we included all patients who are 18 years of age and older, have  
3 positive polymerase chain reaction (PCR) for SARS-CoV-2 in nasopharyngeal swab and/or typical  
4 chest-CT findings and treated with chloroquine, hydroxychloroquine, lopinavir/ritonavir,  
5 atazanavir/ritonavir, tocilizumab, oseltamivir, favipiravir, and remdesivir as monotherapy or in  
6 combination with azithromycin. In addition, patients should have an interpretable baseline ECG and  
7 at least one ECG recorded on second day of therapy or later. Baseline ECGs otherwise unsuitable for  
8 accurate QT interval measurement were excluded. Patients without 12-lead ECG or rhythm strip  
9 recordings on day 2 of drug therapy or later were also excluded. This study was approved by the  
10 Research Ethics Committee of National Institute for Medical Research Development (Approval ID:  
11 IR.NIMAD.REC.1399.055) and all patients gave written informed consent for participation in the  
12 study.

13 *Data collection:* Data were collected by patient interview and review of medical records. Collected  
14 data were entered into web-based electronic database (Regitory, Tehran, Iran:  
15 <https://regitory5.rhc.ac.ir>). All information was kept confidential and password protected. We  
16 gathered all data related to patient demographics, associated comorbidities (i.e. heart disease, heart  
17 failure, renal failure, liver disease), laboratory data (i.e. electrolyte levels, renal function test, and liver  
18 function tests), drug history (including COVID-19 drugs and other QT prolonging drugs),  
19 electrocardiographic findings at baseline ECG and after drug intake, and all important events during  
20 admission or follow-up (TdP, sudden death, and mortality).

21 *Drug therapy protocols:* The decision to treat with above-mentioned drugs was based on the clinical  
22 decision of the treating physician and national guidelines. The treatment regimens were as follows:  
23 (1) Chloroquine 500 mg by mouth twice daily for 1 day followed by 250 mg by mouth twice daily for  
24 5-7 days; (2) Hydroxychloroquine 400 mg by mouth twice daily for 1 day followed by 200 mg by  
25 mouth twice daily for 5-7 days; (3) Azithromycin 500 mg by mouth daily for 1 day and followed by  
26 250 mg daily for 5 days; (4) Lopinavir/ritonavir 200/50 mg twice daily for 5 days; (5)  
27 Atazanavir/ritonavir 300/100 mg daily for 5 days; (6) Oseltamivir 75 mg twice daily for 5 days; (7)

1 Favipiravir 1600 mg twice daily for 1 day and then 600-800 mg twice daily for 5 days; (8) Remdesivir  
2 200 mg daily for first day and then 100 mg daily for 5-7 days.

3 All decisions on patient care were taken by the hospital clinicians, and no attempt was made by  
4 research team to influence their decisions. Furthermore, decisions regarding situations such as critical  
5 QT prolongation and or TdP were at the sole discretion of the physicians responsible for patient care.

6 *QT measurements:* A baseline QTc was measured from a 12-lead ECG before treatment. If no  
7 baseline ECGs were available, ECGs recorded within 30 days of drug initiation were used for the  
8 baseline measures. On-treatment QT measurements were done using 12-lead ECGs or single-lead  
9 rhythm strip of lead II.

10 QT measurements were independently reviewed and validated by 13 expert cardiologists who were  
11 blinded to other patient data. The QT intervals were calculated manually from either lead II or V5  
12 using the tangent method<sup>17</sup> and QT corrections were done using Bazett's formula. For patients with  
13 intraventricular conduction delays (paced rhythms or bundle branch block), a modified QTc was  
14 calculated using the formula: modified QTc = (QT-(QRS-120))/√RR.<sup>18</sup> Using ECGs recorded before  
15 and during treatment, we also assessed the change from baseline in QTc ( $\Delta$ QTc).

16 *Study outcomes:* The primary outcome of the study was incidence of critical QTc prolongation,  
17 defined as maximum on-therapy QTc  $\geq$ 500 ms (if QRS <120 ms) or QTc  $\geq$ 550 ms (if QRS  $\geq$ 120 ms)  
18 and  $\Delta$ QTc of  $\geq$ 60 ms. Secondary outcomes were incidences of documented TdP and all-cause  
19 mortality. Cause of death was adjudicated by review of the resuscitation records from all patients with  
20 attempted resuscitation, and the reviewers of these data were blinded to the QTc data. TdP should be  
21 clearly documented by a single-lead ECG tracing.

22 *Statistical analysis:* Fitness of interval variables with normal distribution was assessed by one-sample  
23 Kolmogorov-Smirnov test. Data are presented as mean $\pm$ SD for continuous and frequency  
24 (percentage) for categorical variables. Comparisons of characteristics were made using Pearson's chi-  
25 square or Fisher's exact test for categorical variables and unpaired Student t test for continuous  
26 variables. The ECG characteristics before vs during drug therapy were compared using paired t test.

1 Independent predictors for prolonged QTc were identified by logistic regression models. P value  
2 <0.05 was considered as statistically significant. Statistical analyses were performed using IBM SPSS  
3 Statistics 22 for Windows (IBM Corp, Armonk, NY).

4

## 5 **Results**

6 *Patient characteristics:* Clinical characteristics of the study population were presented in Table 1. Of  
7 the 2,403 patients initially enrolled in the study, 2,365 met inclusion criteria and 38 were excluded  
8 because of non-interpretable baseline ECG or incomplete clinical data. Out of 2,365 patients, 1311  
9 (54.6%) were male and the mean age was 59.6±16.4 years (range, 18-99 years). The most common  
10 comorbidities were hypertension (35.8%), diabetes mellitus (31%), non-ischemic structural heart  
11 disease (14.9%), and coronary artery disease (12.9%).

12 Hydroxychloroquine was prescribed to treat COVID-19 infection in 1430 (60.5%) of the patients. A  
13 minority of the patients (n=9,0.4%) received chloroquine. Azithromycin was added to 1080 (75.5%)  
14 patients in hydroxychloroquine group and 3 (33%) in chloroquine group. Lopinavir/ritonavir and  
15 atazanavir/ritonavir were administered to 689 (29%) and 16 (0.7%) of the patients, respectively.  
16 Azithromycin was added to 206 (30%) patients in lopinavir/ritonavir group and 4 (25%) in  
17 atazanavir/ritonavir group. One-hundred twenty-one patients (5%) were treated with oseltamivir,  
18 including 103 monotherapy and 18 combination therapy with azithromycin. Other antiviral agents  
19 favipiravir, and remdesivir were also employed in 33 (1.4%) and 67 (2.8%) patients, respectively.

20 *Electrocardiographic characteristics:* A 12-lead ECG was obtained from all patients before treatment.  
21 ECG characteristics were summarized in Table 2. The mean baseline QTc interval was 399.5±42.5 ms  
22 and 48 patients (2.0%) had a baseline QTc ≥500 ms. On-treatment measurements showed significant  
23 increase in QTc interval (432.5±53.8 ms, p<0.001). All COVID-19 drug regimens were associated  
24 with significant increase in on-treatment QTc (all p <0.05). Maximal increases in on-treatment QTc  
25 were observed following combination of azithromycin with either chloroquine, lopinavir/ritonavir, or  
26 hydroxychloroquine (Table 3). Compared with monotherapy, combination therapy led to significantly

1 more increase in on-treatment QTc ( $\Delta$ QTc: 26.4 ms vs. 37.6 ms,  $p < 0.001$ ) and higher number of the  
2 patients with QTc  $\geq 500$  ms (8.0% vs. 13.5%,  $p < 0.001$ ) and  $\Delta$ QTc  $\geq 60$  ms (12% vs. 212.6%,  
3  $p < 0.001$ ).

4 *Outcome analysis:* Primary and secondary outcome for different drug regimens were summarized in  
5 Table 4. After receiving COVID-19 medications, QTc  $\geq 500$  ms and  $\Delta$ QTc  $\geq 60$  ms were detected in  
6 11.2% (n=266), and 17.6% (n=417) of the patients, respectively.

7 Compared to the those with QTc  $< 500$  ms, the patients with QTc  $\geq 500$  ms were more likely to have  
8 history of heart failure and chronic kidney disease (CKD), more likely to receive hydroxychloroquine,  
9 lopinavir-ritonavir, azithromycin, diuretics, beta-blockers, and calcium antagonists, and more likely to  
10 develop acute renal or hepatic dysfunction during treatment. However, female gender, history of heart  
11 failure, acute hepatic dysfunction, treatment with hydroxychloroquine, azithromycin combination  
12 therapy, and simultaneous furosemide therapy remained as independent predictors of QTc  $\geq 500$  ms in  
13 multivariate analysis (Table 5).

14 In comparison to those who had  $\Delta$ QTc  $< 60$  ms, patients with  $\Delta$ QTc  $\geq 60$  ms were more likely to have  
15 history of CKD, more likely to develop acute renal or hepatic dysfunction during treatment, and more  
16 likely to receive hydroxychloroquine, lopinavir-ritonavir, oseltamivir, azithromycin combination  
17 therapy, furosemide, and betablockers. In multivariate analysis, simultaneous betablocker therapy and  
18 acute renal failure remained as independent predictors for  $\Delta$ QTc  $\geq 60$  ms (Table 6).

19 During the study period, a total of 9 patients (0.38%) experienced TdP and required emergent  
20 defibrillation. Of the 9 patients who had TdP, 4 were treated with combination of hydroxychloroquine  
21 and azithromycin and 5 with combination of lopinavir/ritonavir and azithromycin. Patients who  
22 developed TdP were more likely to have history of non-ischemic structural heart disease, history of  
23 heart failure, history of CKD, history of chronic liver disease, more likely to receive lopinavir-  
24 ritonavir, azithromycin combination therapy, furosemide, metolazone, amiodarone, and other QT  
25 prolonging drugs, more likely to have QTc  $\geq 500$  ms, and  $\Delta$ QTc  $\geq 60$  ms during treatment, and more  
26 likely to develop electrolyte abnormalities (hypokalemia, hypocalcemia), and acute renal dysfunction.

1 However, treatment with lopinavir-ritonavir, simultaneous amiodarone or furosemide administration  
2 and hypokalemia during treatment remained as independent predictors of TdP (Table 7).

3 Of the 2365 patients in the whole study cohort, 231 (9.8%) died during the study period. In  
4 comparison to those who survived, the patients who died were older, more likely to be men, more  
5 likely to have coronary artery disease, heart failure, CKD, diabetes, hypertension, and more likely to  
6 receive hydroxychloroquine, lopinavir-ritonavir, combination therapy, furosemide, amiodarone,  
7 betablockers, and digoxin, and more likely to experience hypokalemia, acute renal or liver  
8 dysfunction,  $QTc \geq 500$  ms,  $\Delta QTc \geq 60$  ms during treatment. However, age, azithromycin combination  
9 therapy, greater amiodarone exposure, furosemide therapy, and acute renal dysfunction remained as  
10 independent predictors of mortality in multivariate analysis (Table 8). Survival analysis of the eight  
11 drug regimens showed clear increase in mortality among the patients who received  
12 hydroxychloroquine or lopinavir-ritonavir with and without azithromycin combination therapy  
13 (Figure 1).

#### 14 **Discussion**

15 In present cohort of 2365 patients with COVID-19, primary outcome of critical QT prolongation  
16 defined as  $QTc \geq 500$  ms or  $\Delta QTc \geq 60$  ms was observed in 11.2% and 17.6% of the patients,  
17 respectively. There were 9 cases (0.38%) of the secondary outcome of TdP in entire cohort.

18 To the best of our knowledge, this is the largest multicenter study reporting on QT prolongation and  
19 arrhythmic complications of treatment with multiple repurposed drugs in patients with COVID-19.  
20 Although there is some information on cardiac safety of chloroquine and hydroxychloroquine with  
21 and without azithromycin in patients with COVID-19,<sup>14-16</sup> our current knowledge on cardiac safety of  
22 other repurposed medications for the COVID-19 treatment is limited. Present cohort included a large  
23 dataset on cardiac safety of hydroxychloroquine, lopinavir-ritonavir, and oseltamivir with and without  
24 azithromycin. This study, for the first time, systematically investigated the QT prolongation and  
25 arrhythmogenicity in patients with COVID-19 who were treated with atazanavir-ritonavir, favipiravir,  
26 and remdesivir. We showed that all eight COVID-19 medications were associated with some degree  
27 of  $QTc$  prolongation. Maximal  $QTc$  interval prolongation was observed in chloroquine combination

1 with azithromycin and favipiravir monotherapy was associated with minimum QT prolongation.  
2 Combination therapy with azithromycin led to a significantly greater increase in the QTc interval  
3 when compared to monotherapy. Hydroxychloroquine use and combination therapy with  
4 azithromycin were predictors for having critical QT prolongation during treatment. All cases of the  
5 TdP occurred in combination therapy group. Although critical QT prolongation was associated with  
6 higher risk of TdP, only treatment with lopinavir-ritonavir, simultaneous administration of  
7 amiodarone or furosemide and hypokalemia could predict the occurrence of TdP during therapy. Of  
8 the COVID-19 medications evaluated in this study, azithromycin combination therapy also predicted  
9 a higher risk of mortality.

10 Effect of chloroquine/hydroxychloroquine with and without azithromycin on QTc interval and TdP  
11 has been studied in several cohorts of COVID-19 patients.<sup>14-16</sup> In the present study, 1430 patients who  
12 were treated with hydroxychloroquine with or without azithromycin developed QTc  $\geq 500$  ms in 14%,  
13  $\Delta$ QTc  $\geq 60$  ms in 21%, and TdP in 0.3% of the patients. Female gender, history of heart failure, acute  
14 hepatic dysfunction, treatment with hydroxychloroquine, azithromycin combination therapy, and  
15 simultaneous furosemide therapy were significant predictors of QTc  $\geq 500$  ms. In largest published  
16 study, 415 patients with COVID-19 from 3 hospitals who treated with  
17 hydroxychloroquine/azithromycin were prospectively included.<sup>15</sup> Critical QTc prolongation  $\geq 500$  ms  
18 was detected in 21% of patients and no instance of TdP was reported. Age, body mass index  
19  $< 30$  kg/m<sup>2</sup>, heart failure, elevated creatinine, and peak troponin  $> 0.04$  mg/ml were significant  
20 predictors of QTc  $\geq 500$  ms. Second important study reported the retrospective analysis of 251 patients  
21 with COVID-19 from 2 centers who were treated with combination of hydroxychloroquine and  
22 azithromycin.<sup>16</sup> On-treatment QTc  $\geq 500$  ms had developed in 23% of the patients,  $\Delta$ QTc  $\geq 60$  ms in  
23 22% was seen in 20% of the patients and one patient experienced TdP (0.4%). Baseline QTc interval  
24 and simultaneous amiodarone therapy were predictors for QTc  $\geq 500$  ms and baseline creatinine level  
25 and simultaneous amiodarone therapy were predictors of simultaneous amiodarone therapy.

26 In addition to chloroquine/hydroxychloroquine with and without azithromycin, we studied the effect  
27 of five other antiviral repurposed drugs on QT interval prolongation and arrhythmic events.  
28 Lopinavir-ritonavir and atazanavir-ritonavir, two fixed-dose combination antiretroviral medications,

1 repurposed for COVID-19 treatment in the light of some efficacy in the SARS-CoV and the Middle-  
2 East Respiratory Syndrome Coronavirus (MERS-CoV).<sup>19</sup> Lopinavir/ritonavir and atazanavir/ritonavir  
3 were used 29% and 0.7% of our patients, respectively. Azithromycin was added to 30% of the  
4 patients in lopinavir/ritonavir group and 25% in atazanavir/ritonavir group. Treatment with lopinavir-  
5 ritonavir increased the risk of TdP by more than 8 times; five cases of TdP occurred in patients who  
6 are receiving lopinavir-ritonavir and azithromycin combination, however, there was no report of TdP  
7 in atazanavir-ritonavir group. Latter finding may be related to small number (n=19) of the patients  
8 who were treated with atazanavir-ritonavir.

9 Oseltamivir, an antiviral to treat influenza, was used in the early days of the COVID-19 pandemic  
10 because there was some evidence that the active site of the spike protein of SARS-COV2 virus is  
11 similar to that of influenza virus neuraminidase, suggesting that neuraminidase inhibitors (e.g.  
12 oseltamivir) may be useful to treat COVID-19. In the present study, it was used in 5% of the patients  
13 mainly as combination therapy with azithromycin. Oseltamivir use significantly increased baseline  
14 QT and led to critical QT prolongation as QTc  $\geq$ 500 ms in 6.6% and  $\Delta$ QTc  $\geq$  60 ms in 11% of the  
15 patients. However, there were no instances of oseltamivir-related TdP in entire cohort. In a small  
16 study, Celik et al.<sup>20</sup> critical QTc prolongation (QTc  $\geq$ 500 ms or  $\Delta$ QTc  $\geq$  60 ms) was detected in 12%  
17 of the population. The use of oseltamivir in combination with hydroxychloroquine and azithromycin  
18 was found to cause critical QTc prolongation more than five times. Both studies indicate that we  
19 should be more careful when prescribing the combination of oseltamivir with COVI-19 medications  
20 during influenza season.

21 Favipiravir is an oral drug that was approved for influenza and Ebola-virus infection. In our study,  
22 favipiravir monotherapy was safer than other COVID-19 mediations in terms of QTc prolongation. Of  
23 the 33 patients on favipiravir therapy, there were one case (3%) of QTc  $\geq$ 500 ms and 3 cases (9%) of  
24  $\Delta$ QTc  $\geq$  60 ms, however, no TdP was observed. In a case report, QTc prolongation was observed on  
25 the 9th day of treatment in a patient who was using favipiravir for Ebolavirus infection.<sup>21</sup> However,  
26 small study by Cap et al. in COVID-19 patients showed no significant increase in QTc interval.<sup>22</sup>  
27 Together, available data indicate that favipiravir is better tolerated in terms of cardiac arrhythmia in  
28 COVID-19 patients.

1 Remdesivir originally tested in patients with Ebola, now the FDA approved an Emergency Use  
2 Authorization to allow treatment of COVID-19 patients hospitalized with severe disease.<sup>11</sup> Currently,  
3 there is little data on QT prolonging effect of this drug. In our series of 67 patients on remdesivir,  
4 there was significant increase in QTc interval. In addition, we observed 6 cases (9%) of QTc  $\geq$ 500 ms  
5 and 6 cases (9%) of  $\Delta$ QTc  $\geq$  60 ms, however, no instance of TdP was reported. There is only one case  
6 report of critical QT prolongation (555 ms) in COVID-19 patient following third dose of a five-day  
7 treatment with remdesivir.<sup>23</sup> It is important to note that this patient was on azithromycin while  
8 receiving remdesivir which is well known to prolong the QT interval. It is possible that it contributed  
9 to the prolongation of the QT interval in this patient. However, in our study, all patients received  
10 remdesivir monotherapy. It appears that remdesivir monotherapy, among the COVID-19 medications  
11 studied, has a low risk profile in terms of QT prolongation and TdP induction.

12 Repurposed drugs used in COVID-19 treatment cause QT prolongation by blocking the voltage-gated  
13 ion channel that mediates the rapid component of the delayed rectifier potassium current, IKr,  
14 resulting in lengthening of the ventricular action potential.<sup>24</sup> A timely early Afterdepolarization, in the  
15 presence of a prolonged QT interval, may result in TdP. This risk increases in the presence of  
16 concomitant use of QT prolonging agents, loop diuretic, female sex, elderly, structural heart disease,  
17 heart failure, myocardial infarction, electrolyte disturbances, bradycardia, renal disease, and hepatic  
18 disease.<sup>25</sup> In addition, concomitant cardiac injury from SARS-CoV-2 infection may increase the risk  
19 of adverse events from generally safe drugs.<sup>26</sup> We similarly showed that female sex, history of heart  
20 failure, treatment with hydroxychloroquine, azithromycin combination therapy, simultaneous  
21 furosemide or betablocker therapy, and acute renal or hepatic dysfunction were independently  
22 increased risk of the critical QT prolongation, however, the risk of TdP increased with lopinavir-  
23 ritonavir use, amiodarone or loop diuretic coadministration and hypokalemia during treatment. Drug-  
24 induced bradycardia is the common mechanism for the QT prolongation following amiodarone,  
25 betablocker, and digoxin use,<sup>25</sup> however, amiodarone has also a known risk of prolonging QTc  
26 secondary to action potential prolongation.<sup>27</sup> We also observed that the risk of mortality increased  
27 independently by azithromycin combination therapy, simultaneous amiodarone or loop diuretic  
28 therapy, and acute renal dysfunction.



1 Importance of ECG monitoring has been studied in a recent multicenter study in 6476 hospitalized  
2 patients with COVID-19 who were treated with hydroxychloroquine with or without azithromycin.<sup>28</sup>  
3 Using a simplified approach to monitoring for QT prolongation and arrhythmia, TdP was observed in  
4 1 (0.015%) patient and sixty-seven (1.03%) patients had hydroxychloroquine with and without  
5 azithromycin held or discontinued due to excessive QT prolongation.

6 Practical recommendations for healthcare providers: 1) Considering the limited efficacy and  
7 important safety concerns, we think that chloroquine/hydroxychloroquine, fixed-dose combination  
8 antiretroviral medications with and without azithromycin should be avoided in COVID-19 treatment.  
9 2) Although monotherapy with oseltamivir, favipiravir, and remdesivir are better tolerated in terms of  
10 the critical QT prolongation and TdP, treatment with these drugs still needs close ECG monitoring for  
11 QT prolongation. 3) Optimization of renal/hepatic functions and electrolyte status is highly  
12 recommended. 4) Simultaneous use of antiarrhythmic drugs such as amiodarone, betablockers, etc. is  
13 discouraged.

14 **Limitations:** Results of the present study should be interpreted in the light of certain limitations: first,  
15 patients without a baseline or post-medication ECGs were excluded from the analysis, which can  
16 represent a bias. We tried to minimize this bias by the consecutive inclusion of patients meeting study  
17 criteria. Second, the present cohort was consisted of hospitalized patients, and the results may not  
18 apply to outpatient setting or prophylactic treatments. Third, although a specific dosing schedule was  
19 recommended by national COVID-19 guidelines for all physicians, the decisions when and how to  
20 prescribe these drugs were deferred to the prescribing physicians.

21 **Conclusions:** Hospitalized COVID-19 patients treated with chloroquine, hydroxychloroquine,  
22 lopinavir/ritonavir, atazanavir/ritonavir, oseltamivir, favipiravir, and remdesivir alone or in  
23 combination with azithromycin had a significant increase in QTc during drug therapy. Several risk  
24 factors identified patients at risk of critical QTc prolongation. Despite this finding, life-threatening  
25 arrhythmia of TdP occurred rarely. Among the repurposed drugs studied, hydroxychloroquine or  
26 lopinavir-ritonavir alone or in combination with azithromycin clearly demonstrated to increase the  
27 risk of critical QT prolongation or induction of TdP.

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1 **Table 1- Baseline clinical characteristics**

Characteristic (n=2365)	Value
Age (y)	59.6±16.4
Male gender	1303 (54.6)
Nasopharyngeal PCR test	2059 (86)
Positive PCR result	1586 (77)
Lung CT scan	778 (33)
COVID-19 pneumonia in lung CT scan	766 (98.5)
Coronary artery disease	308 (13)
Non-ischemic structural heart disease	355 (15)
Heart failure	186 (7.8)
Chronic kidney disease	174 (7.3)
Chronic hepatic disease	16 (0.7)
Hypertension	855 (35.8)
Diabetes	742 (31)
Creatinine level (mg/dL)	1.4±1.0
Potassium level (mEq/L)	4.3±2.0
Magnesium level (mEq/L)	2.1±0.74
Aspartate Aminotransferase level (u/L)	52±90
Alanine Aminotransferase level (u/L)	41±55
Bilirubin level	1.3±1.4

2 Continuous variables were presented as mean±SD. Categorical variables are presented as n (%).

3 Abbreviations: PCR=polymerase chain reaction; COVID-19=coronavirus disease 2019;

4 CT=computed tomography

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6 **Table 2- Electrocardiographic characteristics**

ECG parameter	Baseline measurement	On-therapy measurement	P-value
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<b>Heart rate (bpm)</b>	90.5±28.0	90.2±20.0	0.51
<b>PR interval (ms)</b>	163.0±33.0	163.0±39.0	<0.001
<b>QRS width (ms)</b>	84.5±22.0	86.5±25.0	<0.001
<b>QT interval (ms)</b>	340.5±41.7	356.3±52.4	<0.001
<b>QTc interval (ms)</b>	399.5±42.5	432.5±54.0	<0.001

1 Variables were presented as mean±SD.



1 **Table 3- QT change with different COVID-19 pharmacotherapy**

<b>COVID drug</b>	<b>Baseline QTc</b>	<b>On-treatment QTc</b>	<b>ΔQTc</b>	<b>P-value</b>
<b>Chloroquine (n=9)</b>	389.8±33.0	447.6±35.0	+57.8	0.002
<b>Chloroquine monotherapy (n=6)</b>	394.0±32.0	432.0±31.0	+38	0.002
<b>Chloroquine+Azithromycin (n=3)</b>	381.6±40.0	479.3±17.0	+97.7	0.002
<b>Hydroxychloroquine (n=1430)</b>	399.0±45.0	436.0±57.0	+37	<0.001
<b>Hydroxychloroquine monotherapy (n=350)</b>	394.4±44.0	428.4±59.0	+34	<0.001
<b>Hydroxychloroquine+Azithromycin (n=1080)</b>	400.5±45.0	438.9±56.5	+38.4	<0.001
<b>Lopinavir/ritonavir (n=689)</b>	395.5±38.5	422.5±49.0	+27	<0.001
<b>Lopinavir/ritonavir monotherapy (n=483)</b>	388±36.8	409.3±36.8	+21.3	<0.001
<b>Lopinavir/ritonavir+Azithromycin (n=206)</b>	413.9±36.6	453.5±39.3	+39.6	<0.001
<b>Atazanavir/ritonavir (n=16)</b>	427.0±28.5	456.5±32.3	+29.6	<0.001
<b>Atazanavir/ritonavir monotherapy (n=12)</b>	423.6±29.7	453.5±34.0	+30	<0.001
<b>Atazanavir/ritonavir+Azithromycin (n=4)</b>	437.2±38.2	465.7±28.6	+28.5	<0.001
<b>Oseltamivir (n=121)</b>	410.0±38.3	435.0±44.3	+25	<0.001
<b>Oseltamivir monotherapy (n=18)</b>	413.2±35.9	432.7±31.6	+19.5	<0.001
<b>Oseltamivir +Azithromycin (n=103)</b>	409.5±38.8	435.6±46.3	+26.1	<0.001
<b>Favipiravir (n=33)</b>	414.4±22.9	433.5±32.0	+19.0	<0.001
<b>Remdesivir (n=67)</b>	418.3±32.0	442.7±37.3	+24.4	<0.001

2 Continuous variables were presented as mean±SD. Categorical variables are presented as n (%).

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1 **Table 4- Primary and secondary outcomes with different drug regimens**

<b>COVID drug</b>	<b>QTc<math>\geq</math>500 ms</b>	<b><math>\Delta</math>QTc<math>\geq</math>60 ms</b>	<b>TdP</b>
<b>Chloroquine (n=9)</b>	0	3 (33.0)	0
<b>Chloroquine (n=6)</b>	0	2 (33.0)	0
<b>Chloroquine+Azithromycin (n=3)</b>	0	1 (33.0)	0
<b>Hydroxychloroquine (n=1430)</b>	196 (13.7)	300 (21.0)	4 (0.3)
<b>Hydroxychloroquine monotherapy (n=350)</b>	41 (11.7)	63 (18.0)	0
<b>Hydroxychloroquine+Azithromycin (n=1080)</b>	155 (14.4)	237 (22.0)	4 (0.4)
<b>Lopinavir/ritonavir (n=689)</b>	52 (7.5)	90 (13.0)	5 (0.78)
<b>Lopinavir/ritonavir (n=483)</b>	27 (5.6)	38 (8.0)	0
<b>Lopinavir/ritonavir+Azithromycin (n=206)</b>	25 (12.0)	52 (25.0)	5 (2.4)
<b>Atazanavir/ritonavir (n=16)</b>	3 (18.7)	2 (12.5)	0
<b>Atazanavir/ritonavir (n=12)</b>	2 (16.7)	1 (8.3)	0
<b>Atazanavir/ritonavir+Azithromycin (n=4)</b>	1 (25)	1 (25)	0
<b>Oseltamivir (n=121)</b>	8 (6.6)	13 (10.7)	0
<b>Oseltamivir (n=18)</b>	0	3 (16.7)	0
<b>Oseltamivir +Azithromycin (n=103)</b>	8 (7.8)	10 (9.7)	0
<b>Favipiravir (n=33)</b>	1 (3.0)	3 (9.0)	0
<b>Remdesivir (n=67)</b>	6 (9.0)	6 (9.0)	0

2 Variables are presented as n (%).

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**Table 5- Predictors of QTc $\geq$  500 ms**

Risk factors	Univariate analysis			Multivariate analysis		
	P-value	OR	95% CI	P-value	OR	95% CI
Female gender	0.167	0.83	0.65-1.08	0.012	0.71	0.55-0.93
Coronary artery disease	0.096	1.35	0.95-1.90			
Heart failure	<0.001	2.90	2.00-4.16	<0.001	2.17	1.40-3.30
Chronic kidney disease	0.017	1.66	1.09-2.50			
Acute renal dysfunction	<0.001	1.85	1.40-2.40			
Acute liver dysfunction	<0.001	2.20	1.64-2.97	<0.001	1.96	1.43-2.70
Hydroxychloroquine	<0.001	1.96	1.47-2.60	<0.001	1.78	1.29-2.44
Lopinavir-ritonavir	<0.001	0.56	0.40-0.77			
Oseltamivir	0.098	0.54	0.26-1.13			
Azithromycin coadministration	<0.001	1.80	1.37-2.40	0.023	1.40	1.05-1.95
Furosemide	<0.001	2.70	1.97-3.70	0.004	1.70	1.19-2.47
Hydrochlorothiazide	0.013	2.68	1.19-6.03			
Betablocker	<0.001	2.28	1.75-2.98			
Calcium blocker	0.003	1.68	1.2-2.40			
Digoxin	0.096	1.85	0.88-3.86			

Abbreviations: OR-odds ratio; CI=confidence interval

**Table 6- Predictors of  $\Delta\text{QT}\geq 60$  ms**

Risk factor	Univariate analysis			Multivariate analysis		
	P-value	OR	95% CI	P-value	OR	95% CI
<b>Heart failure</b>	0.078	1.39	0.96-1.99			
<b>Chronic kidney disease</b>	<0.001	1.84	1.29-2.60			
<b>Acute renal dysfunction</b>	<0.001	1.92	1.54-2.40	<0.001	2.40	1.70-3.40
<b>Acute hepatic dysfunction</b>	0.002	1.53	1.17-2.00			
<b>Hydroxychloroquine</b>	<0.001	1.85	1.47-2.34	0.086	1.50	0.94-2.40
<b>Lopinavir-ritonavir</b>	<0.001	0.62	0.48-0.79			
<b>Azithromycin coadministration</b>	<0.001	2.02	1.60-2.55			
<b>Oseltamivir</b>	0.041	0.55	0.30-0.98			
<b>Remdesivir</b>	0.059	0.45	0.19-1.05			
<b>Furosemide</b>	<0.001	2.00	1.50-2.66			
<b>Betablocker</b>	<0.001	1.60	1.27-2.02	0.023	1.50	1.05-2.10

**Abbreviations:** OR-odds ratio; CI=confidence interval

**Table 7. Predictors of torsade de pointes**

Risk factor	Univariate analysis			Multivariate analysis		
	P-value	OR	95% CI	P-value	OR	95% CI
<b>Nonischemic heart disease</b>	0.012	4.66	1.24-17.40			
<b>Coronary artery disease</b>	0.068	3.38	0.84-13.6			
<b>Heart failure</b>	0.004	6.00	1.50-24.4			
<b>Chronic kidney disease</b>	0.003	6.40	1.60-26.0			
<b>Chronic liver disease</b>	<0.001	19.5	2.30-165.8			
<b>Lopinavir-ritonavir</b>	0.080	3.05	0.82-11.40	0.006	8.2	1.84-36.0
<b>Azithromycin coadministration</b>	0.012	0.58	0.57-0.60			
<b>Furosemide</b>	<0.001	9.08	2.40-34.0	0.030	4.83	1.16-20.0
<b>Metolazone</b>	<0.001	36.6	4.10-328.4	0.028	34.7	1.46-826
<b>QT prolonging drugs</b>	0.021	4.47	1.11-18.0			
<b>Amiodarone</b>	<0.001	31.3	7.54-130.0	0.002	14.5	2.74-77.0
<b>Hypokalemia</b>	<0.001	8.40	2.10-34.0	0.006	8.50	1.84-39.3
<b>Hypocalcemia</b>	0.025	4.03	1.07-15.0			
<b>Acute renal dysfunction</b>	0.040	3.60	0.97-13.6			
<b>QTc<math>\geq</math>500 ms</b>	0.036	3.97	0.99-16.0			
<b><math>\Delta</math>QT<math>\geq</math>60 ms</b>	<0.001	9.46	2.36-38.0			

**Abbreviations:** OR-odds ratio; CI=confidence interval

**Table 8. Predictors of mortality**

Risk factor	Univariate analysis			Multivariate analysis		
	P-value	OR	95% CI	P-value	OR	95% CI
Age	<0.001	10	9.0-13.0	<0.001	1.03	1.02-1.04
Male gender	0.014	1.40	1.07-1.88			
Coronary artery disease	<0.001	2.00	1.50-2.90			
Heart failure	<0.001	2.40	1.60-3.56			
Chronic kidney disease	<0.001	2.90	1.98-4.30			
Diabetes mellitus	0.012	1.40	1.08-1.89			
Hypertension	0.002	1.55	1.18-2.04			
Hydroxychloroquine	0.003	1.57	1.17-2.10			
Lopinavir/ritonavir	0.008	0.65	0.47-0.89			
Azithromycin coadministration	<0.001	2.33	1.70-3.20	<0.001	2.23	1.60-3.10
Furosemide	<0.001	5.09	3.75-6.90	<0.001	2.60	1.84-3.65
Amiodarone	<0.001	4.65	2.37-9.15	0.033	2.37	1.07-5.27
Betablocker	<0.001	2.46	1.86-3.25			
Digoxin	<0.001	4.88	2.64-9.05			
Hypokalemia	0.002	1.60	1.18-2.20			
On-treatment QTc $\geq$ 500 ms	<0.001	2.84	2.03-3.97			
$\Delta$ QT $\geq$ 60 ms	<0.001	2.40	1.78-3.24			
Acute renal dysfunction	<0.001	5.70	4.30-7.58	<0.001	3.70	2.73-5.02
Acute hepatic dysfunction	<0.001	1.77	1.27-2.45			

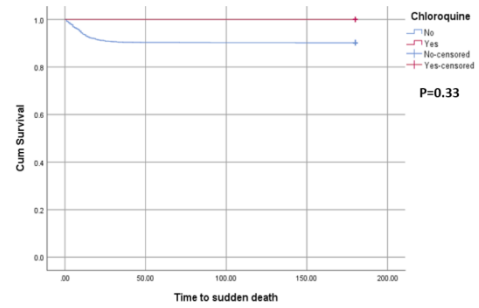
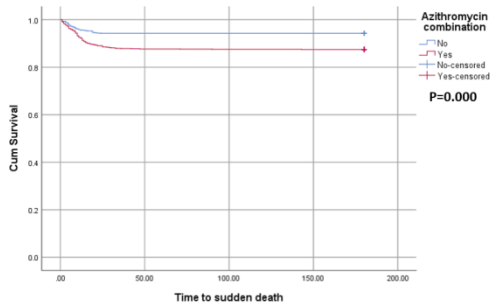
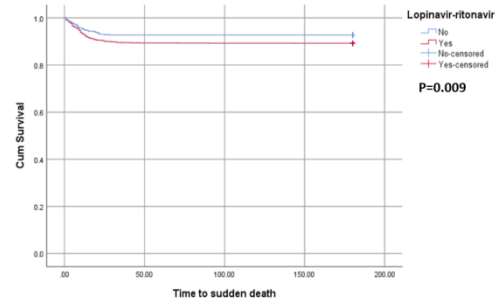
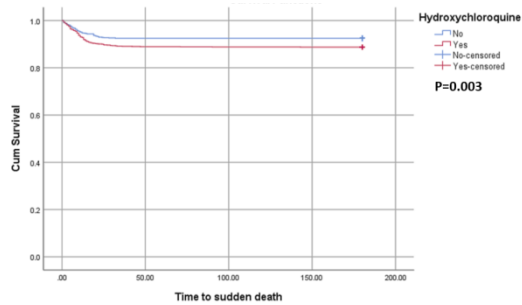
Abbreviations: OR-odds ratio; CI=confidence interval

### Figure legend

**Figure 1-** Survival function estimated by the Kaplan-Meier analysis among the eight different drug regimens used to treat COVID-19. Log-rank P-value was significant among the patients who

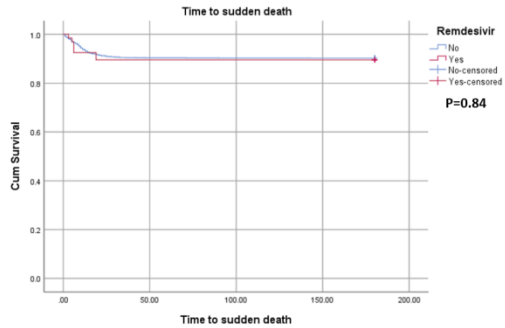
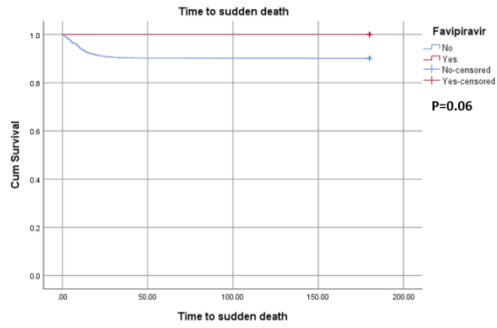
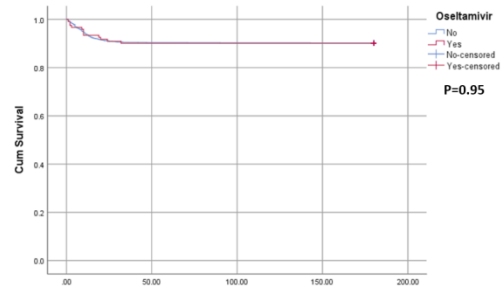
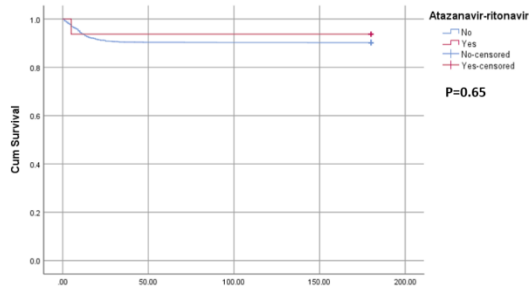
received hydroxychloroquine or lopinavir-ritonavir with and without azithromycin combination therapy.

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